**PressureGuard® Air Renewal  Easy as 1-2-3**

**HOW:** Add air, then insert auto adjust valve to bring mattress to ideal level.

**WHY:** Maximizes comfort and effectiveness.

**WHEN:** For best results, perform an air renewal at least every six months.

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**1. Prepare Pump**
- Remove nozzle tip from pump handle and attach inflation nozzle to end of pump.
- Place nozzle marked "IN inflate" onto tip.

**2. Add Air**
- Lift cover flap. With user off mattress, insert the inflation nozzle into inflation port until it clicks.
- Pump in at least four strokes of air.

**3. Insert Auto-Adjust Valve**
- Insert the white end of the "OUT auto-adjust" valve into port until it clicks.
- Air will escape automatically to ideal setting (you will be able to feel air escaping).
- Remove when you no longer feel air escaping from valve.
- Repeat for other port.

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**Note:** Your kit may have an additional nozzle with a black tip which is for a PressureGuard II mattress. You may discard this item.

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**NOTE:** Failure to auto-adjust after adding air will leave mattress over-inflated. This could damage mattress.

Please call our customer service office for any questions. Monday-Friday, 8 a.m.-5 p.m. (800) 888-6752 or e-mail www.spanamerica.com email:info@spanamerica.com