Seating

Category: Treatment with Positioning

**Isch-Dish®**
The most direct seating solution for those with, or at high risk for pressure injuries at the ischium or coccyx. Exclusive fit-to-the-user, open pocket design provides pressure elimination and ventilation at the injury site. An important complement to any wound treatment, and for long term prevention. Promotes healthy, upright posture by controlling pelvic tilt. Reduces “sacral sitting” that can cause skin breakdown. Includes support core protected by Durafilm™ incontinence-proof coating, machine washable cover, removable Sling-Fill seat base (see page 46), 2-year warranty. Height 3.5”. Weight limit for standard models 250 lbs.


**Isch-Dish® Thin**
Pressure relief, positioning, and pain relief for those not at high risk for pressure injuries. A full 1.25” lower than the standard Isch-Dish. Great for sensate users, including stroke and geriatric patients, and for those with chronic sitting pain due to injury or illness. Ideal for hemi-chairs, office chairs, and car seats. Preferred by active users in lightweight wheelchairs. Includes support core protected by Durafilm™ incontinence-proof coating, machine washable cover, removable Sling-Fill seat base (see page 46), 2-year warranty. Height 2.25”. Weight limit 250 lbs.


**QUICK FACTS**

**Use for:**
- Pain relief
- Prevention & treatment of skin breakdown
- Assistance with positioning

**RISK LEVEL**

Low  Moderate  High

**How to measure Ischial Span:**
Place patient lying down on their side with knees pulled toward chest. Feel for ischials as pictured in drawing. Measure the distance from the center of one ischial tuberosity to the center of the other. The distance measurement is the ischial span.

**Determining Pocket Size:**
- If the Ischial Span is – 4.25 – 5 in. = small pocket
  5 – 5.75 in. = medium pocket
  5.75 – 6.75 in. = large pocket
- Next – Then measure seat (width and length), choose item # from above.

**WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov