

# Heel Manager™

## Offloading Heel Elevator



"Total heel offloading is the only effective method for heel ulcer prevention."<sup>1</sup>

"Heel ulcers are the most common facility-acquired pressure ulcer in long-term acute care facilities and second most common pressure ulcer overall."<sup>2</sup>

**There are many products available to protect heels. None provides the combination of superior design features delivered by Heel Manager™:**

- Fully offloads heels with skin-friendly design
- Extreme comfort and support for both legs
- Wider – up to 30% more surface area
- Shear Transfer Zones™ cover technology
- Heat and moisture reduction capabilities

### An essential part of care plans for heel pressure relief and prevention...

As the second most common pressure injury site, heels require special attention and care. Heel injuries can lead to serious complications, increase healthcare costs and lead to regulatory ramifications (i.e., compliance issues with F-314).

Span-America's Heel Manager™ is designed to help. In addition to fully offloading the heels, the gentle slope aids in circulation (key for patients with diabetes, neu-ropathy, and peripheral vascular disease), with tissue-friendly support of the calves. The dual layer design includes ultra-high performance foam for the ultimate stability and comfort.



**Shear Transfer Zones™ (STZ)**  
Incorporated from Span-America's high-end support surfaces, TZ inside the top cover helps offset the effects of "microshearing" caused by small but continuous shifting on the surface.



**Heat and moisture reduction**  
Segmented Geo-Matt® layer with Ring-of-Air® design ventilates the surface by providing channels that draw heat and moisture away from the skin.



**Anti-microbial fabric cover**  
Wipe-clean premium cover is fluid-proof with a non-slip bottom. Seamless top surface and waterfall zipper cover for added infection control.



**Durable, consistent performance**  
High resiliency UHP 500™ foam layer provides a 55% higher Support Factor than typical medical grade foams.



### Exceptional support and comfort

A 30% larger surface area supports both limbs comfortably while not restricting patient movement. Dual-layer construction allows maximum immersion and won't bottom out.



**SURFACES**

Item #	Description	Qty/Case
44900-1	Heel Manager	1
44900	Heel Manager	4
Warranty:	1 year	
Flammability:	Fire retardant – passes Cal TB 117 Designed for users up to 300 lbs. All components latex-free.	



### Clinical note – Heel Elevation and Foot Drop:

For patients at risk for, or who currently have foot drop, a support product must be used to hold the foot in the correct position. Span-America offers products specifically designed to address this issue, such as the Foot Drop Stop and Cradle Boot, that can be used alone or in conjunction with the Heel Manager (see pages 48-51 for the complete line of optional positioners).

1, 2 "Practice Recommendations for Preventing Heel Pressure Ulcers." Evonne Fowler, RN, CNS, CWOON; Suzy Scott-Williams, MSN, RN, CWOON, and James B. McGuire, DPM, PT, CPed, DWS, FAPWCA: *Ostomy Wound Management* October 2008-54(10): 42-57  
3 "Pressure Ulcer Prevention & Treatment Quick Reference Guide", NPUAP ©2009, p 19.